



#### **Course description**

Start and finish at the restaurant at Cumberland Mountain State Park, Crossville. After start on Hollow Branch bridge the course does across Byrd Lake Dam on Hwy 419 and turns right to a turnaround on the swimming pool parking lot (old start and finish). Back to a right turn on hwy 419 to a steep uphill to a right turn on Hwy 127. At 2.3 miles turn right on Old Mail Rd and follow a series of steep up and down hills to Coon Hollow Lane at mile 5. At the end of road turn right to connect with the park road. Rolling downhill to finish at the parking lot. Considered the third hardest course on the Running Tour.

